BASE DAYS: Monday—Thursday

RIDGE DAYS: Sunday & Friday

PEAK DAYS: Saturdays & Holiday/Vacation Periods

#### **BODY TREATMENTS**

Alpine Body Glo | 50 min Base Days \$125 Ridge Days \$135

#### Lemongrass Mimosa OR Coffee Bean Body Polish | 50 min

Base Days \$125 Ridge Days \$135 Peak Days \$155

Peak Days \$155

#### Moor Mud | 75 min

Base Days \$160 Ridge Days \$170 Peak Days \$190

#### Mt Washington Signature Body Ritual | 75 min

Base Days \$160 Ridge Days \$170 Peak Days \$190

## Zents Quench Cocoon | 75 min

Base Days \$160 Ridge Days \$170 Peak Days \$190

#### MASSAGES

Mt Washington Swedish Massage | 50/75 min Base Days \$115/\$150 Ridge Days \$125/\$160 Peak Days \$145/\$180

### Mother-To-Be Massage | 50 min

Base Days \$115 Ridge Days \$125 Peak Days \$135

#### The Fab Five | 50 min

Base Days \$125 Ridge Days \$135 Peak Days \$155

#### Deep Tissue OR Adventurer's Massage | 50/75 min

Base Days \$135/\$170 Ridge Days \$145/\$180 Peak Days \$165/\$200

### Hot Stone OR Aroma Massage | 50/75 min

Base Days \$125/\$160 Ridge Days \$135/\$170 Peak Days \$155/\$190

# Mountain Mu-Xing | 50 min

Base Days \$135 Ridge Days \$145 Peak Days \$165

# Sticks & Stones Massage | 75 min

Base Days \$170 Ridge Days \$180 Peak Days \$200

#### Ultimate Zents Journey Massage | 100 min

Base Days \$240 Ridge Days \$260 Peak Days \$290

#### Spa Reflexology | 50 min

Base Days \$125 Ridge Days \$135 Peak Days \$155

# Uplift & Unwind Massage | 50 min

Base Days \$135 Ridge Days \$145 Peak Days \$165

#### Duet | 50/75 min

Price based on services chosen

#### 25 MINUTE ADD-ONS (ADD TO MASSAGES OR BODY TREATMENTS ONLY)

- · Hand & Foot Quench
- Localized Massage
- Scalp & Face Massage
- Reflexology
   CALL FOR PRICING OR
   ADDITIONAL INFO

#### SKIN CARE

#### Mt Washington Customized OR Gentleman's Facial | 50/75 min

Base Days \$115/\$150 Ridge Days \$125/\$160 Peak Days \$145/\$180

# Naturopathica Facial | 50/75 min

BaBase Days \$115/\$150 Ridge Days \$125/\$160 Peak Days \$145/\$180

# Cleansing Back Treatment | 50 min

Base Days \$115 Ridge Days \$125 Peak Days \$145

#### Naturopathica Bio-Energy Lifting Facial | 75 min

Base Days \$210 Ridge Days \$220 Peak Days \$240

## Antioxidant Powerhouse Facial | 75 min

Base Days \$205 Ridge Days \$215 Peak Days \$235

### Blemish and Age Defense-Facial | 50 min Base Days \$155

Ridge Days \$165 Peak Days \$185

## Sensitive Skin Facial | 50 min

Base Days \$135 Ridge Days \$145 Peak Days \$165

#### Triple Lipid Facial | 75 min

Base Days \$195 Ridge Days \$205 Peak Days \$225

### Ultimate Zents Journey Facial | 100 min

Base Days \$240 Ridge Days \$260 Peak Days \$290

#### SKINCARE ENHANCE-MENTS (ADD TO ANY FACIAL)

### Eye Repair Treatment OR Glycolic Peel OR Micro-Current Add-on

Base Days \$25 Ridge Days \$30 Peak Days \$35 **BASE DAYS**: Monday—Thursday

RIDGE DAYS: Sunday & Friday

PEAK DAYS: Saturdays & Holiday/Vacation Periods

#### NAIL CARE

Back-To-Basics Manicure | 25 min (NO POLISH) Base Days \$30

Ridge Days \$35 Peak Days \$45

Classic Manicure | 50 min

Base Days \$50 Ridge Days \$55 Peak Days \$65

Gel Manicure | 50 min

Base Days \$60 Ridge Days \$65 Peak Days \$70

Gel Removal & Manicure | 75 min

Base Days \$70 Ridge Days \$75 Peak Days \$85

Mount Washington Signature Manicure | 50 min

Base Days \$60 Ridge Days \$65 Peak Days \$75

Classic OR Gentleman's Pedicure | 50 min

Base Days \$65 Ridge Days \$70 Peak Days \$80 Mount Washington Signature Pedicure | 75 min

Base Days \$85 Ridge Days \$95 Peak Days \$100

Pedicake Package | 50 min

Base Days \$65
Ridge Days \$70
Peak Days \$80
Ages 3 to 10- must be
accompanied by an adult.

ENHANCE YOUR NAIL CARE EXPERIENCE

Add French Polish to Nail Care Service: \$15

HAIR CARE

Blow out

Base Days \*Starting at \$45 Ridge Days \*Starting at \$50 Peak Days \*Starting at \$60

Shampoo, Cut & Blow Dry
Base Days \*Starting at \$60
Ridge Days \*Starting at \$65

Ridge Days \*Starting at \$65 Peak Days \*Starting at \$75

Partial Highlight

Base Days \$95 Ridge Days \$105 Peak Days \$120

Full Highlight
Base Days \$160

Ridge Days \$170 Peak Days \$185 Hair Color

Base Days \$145 Ridge Days \$155 Peak Days \$170

Intensive Hair Treatments (Includes Shampoo & Blow Drv)

Base Days \$70 Ridge Days \$80 Peak Days \$95

Men's or Kids cut (Kids cut ages 3—10, must be accompanied by adult)

Base Days \$30 Ridge Days \$35 Peak Days \$45 Presidential Range OR Mother-to-Be Package (Massage, Facial AND

Pedicure)

10% discount on services and retail products

Summit Package (Facial, Body Treatment, Manicure, Pedicure, Massage AND Shampoo/Blow-Dry)

10% discount on services and retail products



at Omni Mount Washington Resort

DEPILATORY SERVICES

Facial Waxing

Base Days \*Starting at \$25 Ridge Days \*Starting at \$30 Peak Days \*Starting at \$35

DAY FACILITY USE

Base Days \$40 Ridge Days \$45 Peak Days (Not Available) The Spa at (603) 278-4286 for information on seasonal treatments and hours.

Please see our website at bretton-

woods.com/activities/spa or call

SPA PACKAGES